

THE OTHER PERI/MENOPAUSE SYMPTOM LIST

- 1 Feeling invisible
- 2 Wishing you could disappear
- 3 Sense of longing
- 4 Loss of passion
- 5 Reemergence of teenage angst
- 6 Unbridled resentment
- 7 Dissociation
- 8 Constant seeking
- 9 Sense of disconnection from partner
- 10 Inner turmoil